What are the standards?

Across early learning and childcare, social care, social work, children’s services, community justice

Describe the quality of care people should experience

Relevant for planning, assessment, commissioning and service delivery

PRSA: s.50(5) “must be taken into account by SCSWIS in making any decision”
Statutory regulation and scrutiny of care

- Community
- Justice
- Social work
- Early learning and childcare
- Health
- Social care

Legend:
- Individually regulated services registered and inspected
- Care subject to professional workforce regulation and strategic joint inspection
- Care subject to professional workforce regulation
- Care subject to PVG checks as regulated work
- Care not subject to any regulation
From compliance...
... to collaboration
who cares? scotland
5 principles

- Compassion
- Responsive care & support
- Wellbeing
- Be included
- Dignity and respect
Five general standards

I experience high quality care and support that is right for me.

I am fully involved in all decisions about my care and support.

I have confidence in the people who support and care for me.

I have confidence in the organisation providing my care and support.

I experience a high quality environment if the organisation provides the premises.
National Care Standards in 2002

“Children and young people have the opportunity to sleep or rest and have regular access to fresh air and energetic physical play. Staff will monitor sleeping children regularly and effectively.

“Children and young people have access to accommodation which is secure and suitable to meet the needs of all users.
National Care Standards in 2002

“Arrangements are in place to make sure of the safety and security of children and young people, inside and outside.

Children and young people enjoy the service in an environment that takes account of the space standards in Annex A and makes effective use of space, including outdoor play areas.”
1.25 I can choose to have an active life and participate in a range of recreational, social, creative, physical and learning activities every day, both indoors and outdoors.

1.32 As a child, I play outdoors every day and regularly explore a natural environment.
My world outdoors
Sharing good practice in how early years services can provide play and learning wholly or partially outdoors
Eat dirt
2.24 I make informed choices and decisions about the risks I take in my daily life and am encouraged to take positive risks which enhance the quality of my life.
5.1 I can use an appropriate mix of private and communal areas, including accessible outdoor space, because the premises have been designed or adapted for high quality care and support.

5.11 I can independently access the parts of the premises I use and the environment has been designed to promote this.
1.38 If appropriate, I can choose to make my own meals, snacks and drinks, with support if I need it, and can choose to grow, cook and eat my own food where possible.

1.39 I can drink fresh water at all times.
Inventing Kindergarten
Food Matters

Introducing Healthy Eating for Children
“6.10 You can be confident that staff never touch you in an inappropriate manner.”
3.9 I experience warmth, kindness and compassion in how I am supported and cared for, including physical comfort when appropriate for me and the person supporting and caring for me.
3.7 I experience a warm atmosphere because people have good working relationships.

3.8 I can build a trusting relationship with the person supporting and caring for me in a way that we both feel comfortable with.

3.10 As a child or young person I feel valued, loved and secure.
“6.11 You can be assured the care home has a written policy and procedures on the conditions where restraint may be used. Staff are fully trained and supported in the use of restraint. If it is necessary to restrain you at any time, this is written in your care plan. Records are kept of any incidents involving your restraint. You can expect to be supported after any episode of restraint.”
National Care Standards in 2002

“6.12 You know that staff members use restraint only when there is likely to be harm or damage. Staff members are trained to anticipate and calm down possibly dangerous situations.”
1.3 If my independence, control and choice are restricted, this complies with relevant legislation and any restrictions are justified, kept to a minimum and carried out sensitively.

2.6 I am as involved as I can be in agreeing and reviewing any restrictions to my independence, control and choice.
National Care Standards in 2002

“15.9 Sanctions are fair and in line with what you have done wrong. They follow the care home’s policies and are properly recorded. No-one will be physically punished.

15.10 Groups of children or young people are not punished as a result of the behaviour of one person.”
2.13 If a decision is taken against my wishes, I am supported to understand why.

2.15 I am enabled to resolve conflict, agree rules and build positive relationships with other people as much as I can.

2.25 I am helped to understand the impact and consequences of risky and unsafe behaviour.
3.3 I have agreed clear expectations with people about how we behave towards each other, and these are respected.

1.11 I can be with my peers, including other people who use my service, unless this is unsafe and I have been involved in reaching this decision.
Hiding in Plain Sight
Carol Craig
ACEs: The 10 Areas of Trauma

1. Psychological Abuse
2. Physical Abuse
3. Sexual Abuse
4. Emotional Neglect
5. Physical Neglect
6. Loss of a Parent (for any reason)
7. Mother Treated Violently
8. Substance Abuse
9. Mental Illness
10. Criminal Behavior in the Household

The questions are described on the ACE website
www.acestudy.com
1.29 I am supported to be emotionally resilient, have a strong sense of my own identity and wellbeing, and address any experiences of trauma or neglect.

3.4 I am confident that the right people are fully informed about my past, including my health and care experience, and any impact this has on me.
3.5 As a child or young person, I am helped to develop a positive view of myself and to form and sustain trusting and secure relationships.

3.10 As a child or young person I feel valued, loved and secure.

4.2 The organisations that support and care for me help tackle health and social inequalities.