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healthcare solutions*

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Still a few seats left for our Food Systems Summit 25-26 October

In less than a month, this year's summit on finding ways for a healthy, resilient and just food system transformation will take place at Uppsala Castle!

Our programme committee and workshop coordinators are working hard to prepare and plan for fruitful discussions. Read about the different workshops through this link.

[Uppsala Health Summit 2022: Healthy Lives from Sustainable Food Systems](#)

Our plenary program is now set with excellent speakers joining us

Our plenary program will discuss what is needed to achieve a healthy food systems transformation, how to unpack the term *transformation*, how we can ensure that the transformation is equitable and what foods and behaviors can improve our health and the planet. The summit enables an important science-to-policy dialogue on the necessary change to our food systems.

The plenary sessions will be livestreamed on our website: www.uppsalahealthsummit.se

Here is the full plenary-speaker line-up.

[Uppsala Health Summit 2022 Program](#)



Marie-Chantal Messier
Assistant Vice-President and



Dr. Matshidiso Moeti
WHO Regional Director for



Dr. Anders Nordström
Ambassador for Global Health,

[Biography](#)

[Biography](#)

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“Food should be a central part of local and regional planning”

In this interview, the workshop leader of Food Planning for Sustainable Consumption Fredrik Fernqvist tells us about his and his workshop colleagues’ common interest in the role of food in our landscape, and inspiring reflections on the role of food planning in securing sustainable food consumption and relevant areas.

"We hope that the workshop will inspire, create new networks and collaboration, and lead to creative discussions aiming at identifying areas of development in food planning." - Fredrik

[Read the full interview here!](#)

TABLE Debates and Meat, the Four Futures

In one of our workshops, A Global Perspective on the Future of Meat, we are in joining hands with Table Debates. As food system transformation is a complex and highly debated topic globally, Table Debates seeks to facilitate informed discussions about how the food system can become sustainable, resilient, and just. Table is a global platform for a food system debate through interviews, blog posts, panel discussions and workshops, and podcasts. This fall, Table and SLU Future Food will release the podcast series *Meat, the Four Futures* 1) plant-based ‘no meat’, 2) ‘less but better’ meat, 3) alternative-‘meat’, and 4) efficient meat 2.0. Listen, learn and share!



[Learn more about the 'Meat the Four Futures Podcast' here](#)



Interview with Dr. Annsophie Wahlström, Programme Director, SLU Future Food

We asked Annsophie about the collaboration and the process toward Table Debates; Annsophie: "Tara Garnett and I started up discussions when she was running the Food Climate Research Network (FCRN). Realizing we had shared the same goal and vision for

transdisciplinary dialogs, science for policy, and a desire to transform the food system we started to form a closer collaboration for SLU, Oxford (St Martin School), and WUR. And ever since TABLE had developed tremendously"

What's missing from the food debate and what role does the podcast take in this?

Annsophie: "The dialog that brings new insights to make the food debate less polarized. That's what's missing.

What are your expectations for this year's summit?

Annsophie: "To put the focus on Food System, and to get home with a palette of new ideas, insights, contacts, and views"

Interview with Dr. Tara Garnett, Director, Table

Tara: "TABLE was set up to examine the key food-related debates that drive discussions about the future of food, exploring how and why stakeholders disagree. Our goal is to explore how people's values and disciplinary/sectoral backgrounds give rise to very different visions of what a good future for food looks like. In keeping with these goals, we will soon be launching TABLE's Meat the 4 Futures project. Led by our SLU colleagues this project is

based on a report I wrote a few years ago, Gut Feelings, which examined four different visions of possible livestock futures, what they might look like, how they might 'work', and how they might have come about. The Meat the 4 Futures project is a bold and exciting attempt to give life to these scenarios by exploring these very different visions through podcasts, film, quizzes, and more, prompting people to reflect both on the assumptions of people with whom they might disagree, but also their own."



In your view, what is the most critical threat to achieving sustainable food systems today?

Tara: "The current food system is failing in many different ways. It fails to nourish people effectively, it causes huge environmental damage, not least to the climate, manifests and exacerbates many kinds of injustice and it fails to provide safe, meaningful, and viable livelihoods for the countless numbers of people who depend upon it one way or another. All these problems are interconnected - and they all need addressing in an interconnected way."

Interested of joining the summit as a participant?

Seats begin to be filled and there are only a few seats left. Take your chance to participate in the summit dialogues!



[Register for Uppsala Health Summit 2022 here](#)

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Uppsala Health Summit is hosted by Uppsala University in collaboration with the Swedish University of Agricultural Sciences; the Swedish Medical Products Agency; Region Uppsala; the National Veterinary Institute; the City of Uppsala; and Örebro University. The summit is also sponsored by The research-based pharmaceutical industry.

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