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INVITATION

Healthy Lives from Sustainable Food Systems, 25-26

October 2022 Uppsala Castle, Sweden

Welcome reception: October 24th at 17:30-19:00

A sustainable, healthy and equitable future requires new ways of producing, distributing, consuming, disposing of and valuing food.

Although enough food is produced to feed everyone on our planet, an estimated 811 million people do not have enough. The world is not meeting its international targets for stunting and wasting or obesity and diabetes. Poor diet is the leading risk factor for death in the majority of countries of the world and each year, almost 1 in 10 – fall ill after eating unsafe food. That is the human health part. As for the health of our planet, our current global food system is responsible for around 30% of greenhouse gas emissions and the enormous environmental degradation and biodiversity loss that further harms access to safe and healthy food.

There is no doubt that our food systems need to change fundamentally for a more equitable future and the health of everyone.

Uppsala Health Summit 2022 Healthy Lives from Sustainable Food Systems will focus on some of the pathways to transformation that were discussed at the UN Food Systems Summit in 2021.

Focussed workshops, aimed at creating new praxis or policies, will cover areas such as:

- Food Planning for Sustainable Consumption
- The SHIFT Framework for Health Equity in Food Environment Transformations
- Sustainable Animal Food Production in War and Peace
- Diet-Environment-Health Nexus
- Zero Hunger: Is Smallholder Farming the Solution?
- Food Safety versus Food Security
- Foodscapes for the Future – Creating local support for sustainable human health
- A Global Health Perspective on the Future of Meat

- Tackling Antimicrobial Resistance for Healthy and Sustainable Food Systems

You can read about our workshops here. The plenary program is under development.

We invite you to participate in solution-oriented dialogue, underpinned by scientific evidence, together with selected decision-makers and experts from academia, industry, policy and civil society. All of them will bring different perspectives to the table.

Together we will develop proposals for new policies or improved praxis. Your presence and contribution will make a difference.

[Healthy Lives from Sustainable Food Systems](#)

Sign up for a seat at the Uppsala Health Summit 2022!

[Sign up!](#)

Meet the workshop leader of *Sustainable Animal Food Production in War and Peace* Ylva Persson

"With this workshop, we hope to raise awareness of the role of livestock in a sustainable and flexible food chain. In light of the war in Ukraine, we want to make sure that the preparedness perspective is not forgotten. We hope to get constructive and innovative input on how animal production can be flexible and adaptive in times of change"

[Please find the interview with Ylva Persson here!](#)



Meet Johanna Lindahl, the workshop coordinator of *Food Safety versus Food Security*

"Food is essential in so many ways to human health, and the main public health concerns vary between countries. In Europe, we control many microbiological and chemical hazards in food, and the main public health concern may be the over-consumption of sugar. In other parts of the world, bacterial contamination is a much bigger problem"

[Read more from the interview with Johanna Lindahl here!](#)

Sign up here to apply for your *online workshop 25 October!*

Please note that the workshop **Zero Hunger: Is Smallholder Farming the Solution** is fully digital. You can participate in this workshop as part of your full participation in the both days of the summit, or choose to participate online only for this workshop using the link below;

[Sign up!](#)

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