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Summit 2022: Healthy Lives from Sustainable Food Systems

We are excited to share the topic of this year's summit, which will take place 25-26 October at Uppsala Castle!

Food systems, i.e. all activities involved in producing, processing, transporting and consuming food, touch every aspect of our lives. Climate change, such as rising temperatures and extreme weather events, as well as civil crisis leads to food insecurity, food safety issues and poor health outcomes for a growing world population.

We aim to provide an arena for how we can practically bring forward the recommendations from this autumn's Food Systems Summit in New York, with a special emphasis on food systems impact on health globally. In workshops and plenary dialogues, we will discuss the food supply and production, food planning and the consumer perspective.

We are currently planning the program and look forward to share more information with you soon.

[Find out more information about our Food Systems Summit through this link.](#)

Meet our new advisory board chair

We are pleased to welcome Professor Stefan Swartling Peterson as the new chairman of the Uppsala Health Summit's Advisory Board. Stefan is Professor of Global Transformations for Health at Karolinska Institutet, Guest professor at Uppsala and Makerere Universities, and also connected to UNICEF Sweden. In a recently published interview, he shares his expectations of this year's summit;

"I expect UHS *Healthy Lives from Sustainable Food Systems* to transform the fields of 'healthy' and 'sustainable' foods towards the goal of Sustainable Health: *health and wellbeing for all, while staying within planetary boundaries*"

[Read the interview here!](#)



Meet Karin Artursson

We are proud to present Professor Karin Artursson as chairwoman of the programme committee for this year's summit. Karin is the Scientific Director at the National Veterinary Institute (SVA) and has a broad experience in working with different aspects of animal and public health. In a recently published interview, she introduces us to her work and shares her perspective on the critical need for equitable and sustainable food systems.



"Bringing experts together from different areas and with different roles in the society gives a good starting point for fruitful discussions to tackle important societal issues."

"The theme is challenging but more current than ever."

[Please find the interview here!](#)

Post-Conference Report Webinar

The 8th of March 2022, the *Pathways to Lifelong Mental Wellbeing* post-conference reports were launched in a digital webinar. It was a successful webinar where the participants had an insightful dialogue, based on their experiences from research and clinical work through UNICEF, Harvard University, Church of Sweden and Uppsala University. The dialogue had a specific focus on youth; How can we create integrated policies that build and protect young people's wellbeing and also provide adequate support and timely intervention for the many in need?



[View the Webinar here!](#)

Recommended Readings:

UN Food System Summit 2021

In September 2021, the United Nations organized their first ever Food Systems Summit, which brought together youth, food producers, Indigenous Peoples, civil society, researchers, private sector, and the UN system to bring positive changes to the world's food systems. The summit highlighted the need to empower all people to leverage the power of food systems to drive our recovery from the Covid-19 pandemic and the crucial work towards sustainable food systems in order to achieve all 17 SDGs by 2030. The summit resulted in a large number of joint initiatives, coalitions and pledges to support countries in implementing and urging the international community to step up their support.



[Please read more about the UN Food Summit including recommendations of future actions here.](#)

The State of Food Security and Nutrition in the World 2021

According to FAO's 2020 report, the world is neither progressing towards the SDG target 2.1, nor towards target 2.2, or zero hunger by 2030. The report reveals that overall, unhealthy diets cause 11 million premature deaths per year and that nearly 3 billion people cannot afford a healthy diet. Moreover, the World Health Organization estimates that almost one in ten people globally fall ill after eating contaminated food.

[Please find FAO's report 'The State of Food Security and Nutrition in the World 2021' here.](#)

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