



*Sharing insights into  
healthcare solutions*

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## Children can help us to a holistic understanding of the city

Children's experiences and viewpoints have proven to be a valuable resource for urban planners tasked with the challenge of creating sustainable environments in different parts of the world.

But just talking to children is not enough; we must take care to really listen and be mindful about how, when and for which purposes they are involved.

*Listen to the kids!* is the title of one of the workshops at Uppsala Health Summit in October, prepared by Dr. Kerstin Nordin, Lecturer in Landscape Architecture at the Swedish University of Agricultural Sciences in collaboration with Dr. Maria Nordström, Associate professor in environmental psychology, both at the Swedish University of Agricultural Sciences.

In this interview, Dr. Kerstin Nordin discusses how children's voices can be an important input to urban planning.

[Read the interview](#)

## Children as change agents

Dr. Maria Nordström, prepares the workshop *Listen to the Kids* together with Dr. Kerstin Nordin at our summit in October. Recently Dr. Nordström published an article in *Ambio - A Journal of the Human Environment*, on how children can support cities' transformative capacity. The article is available on-line.

[Enhancing urban transformative capacity through children's participation in planning](#)

## Meet Uppsalas ombudsperson for children

What can we expect to gain from dialogues with children and how should they be prepared? In this interview, you meet Lisa Skiöld, Ombudsperson for Children in Uppsala County, and responsible for running pre-summit dialogues with children and adolescents to serve as an input to our next summit on Healthy Urban Childhoods.

[Read the interview](#)



## How to design cities that make us healthy and happy

Urban planner Dr. Mara Mintzer, University of Colorado, will kick-off the dialogue in the workshop Listen to the Kids at Uppsala Health Summit in October. Her presentation at TEDxMileHigh from November 2017 inspires us already.

[Dr. Mara Mintzer's TEDxMileHigh presentation](#)

## Attend Uppsala Health Summit 2019: Scholarships for press and delegates

Scholarships are available for **media** and for delegates representing **youth organisations** anywhere in the world, and for **delegates representing expertise, policy making or opinion building in low- and middle-income countries**.

Last day for application is 24 april (for youth organisations and delegates from low or middle-income countries) or 3 May (for media).



[Find out more and apply](#)

## Progress on One Health after Uppsala Health Summit 2017

In 2017 the focus at Uppsala Health Summit was the risks of infectious diseases and how they can be reduced through greater collaboration between animal and human health practitioners under the umbrella of One Health.

One of the delegates, Dr. Alex Riolexus Ario of The Uganda National Institute of Public Health reflects in this interview on the progress of the One Health approach in his country and on how Uppsala Health Summit facilitated the development to where they are today.

[One Health in Uganda](#)





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